

Masterclass E-Symposium: Saturday 18th July 2020

Programme outline

Time	Presenter	Presentation Title
8:45	Log in and introduction	Sign in to platform/ how session(s) will work
Session 1: Musculoskeletal – integration of research and innovative clinical reasoning		
9:00	Prof Jim Elliott PhD FAPTA Professor of Physiotherapy Fellow of the American PTA	<i>Embracing the heterogeneity of Recovery following Trauma: Time Does not Heal all Wounds.</i>
10:00	A/Prof Trudy Rebbeck PhD FACP Specialist Musculoskeletal Physiotherapist	<i>Shared care for complex MSK upper cervical cases – a clinical pathway and the future for MSK physiotherapy?</i>
10:30	Dr Rob Boland PhD FACP Specialist Musculoskeletal Physiotherapist	<i>Acute Onset Low Back Pain in 2 Males: Don't Forget to Triage</i>
11:00 Morning tea break and zoom room chat with presenters		
Session 2: Multi specialist – complex cases from different specialist disciplines		
11:30	Shan Morrison FACP Specialist Women's, Men's and Pelvic Health Physiotherapist	<i>A psychologically informed approach to managing overactive bladder reveals a complex case.</i>
12:00	Simon Olivotto FACP Specialist Musculoskeletal Physiotherapist	<i>A case of persistent thoracolumbar pain – MSK disorder or underlying medical pathology</i>
12:30	Barbara McPhee AM FACP Specialist Occupational Physiotherapist	<i>Work-related MSK disorders – what are they and what work and personal factors are implicated in their development?</i>
1:00 Lunch break and zoom room chat with presenters		
Session 3: Sport and multi-specialist discussion panel		
1:30	Dr Mary Magarey PhD FACP Specialist Sports and Exercise and Musculoskeletal Physiotherapist	<i>The soldier who could not stay out of the gym</i>
2:00	Chris Brady FACP Specialist Sports and Exercise Physiotherapist	<i>Scaphoid fractures in motorsport: Return to sport decision making algorithms</i>
2:30	Discussion Panel: Facilitator Dr Darren Beales Panellists: Michael Ryan (Specialist Musculoskeletal Physiotherapist), Dr Andrea Mosler (Specialist Sports and Exercise Physiotherapist) Dianne Wilson (APA Pain Physiotherapist) <i>Specialist Musculoskeletal and Sports and Exercise Physiotherapists and Pain Physiotherapists discuss how they would approach a complex case from their perspectives</i>	
3:30 Afternoon tea break and zoom chat with presenters		
Session 4: SPECIALISATION in physiotherapy		
4:00	Dr Darren Beales PhD FACP ACP President	<i>The ACP Specialisation Training Program – a career pathway</i>
4.20	Laura Crowe-Owen Musculoskeletal registrar	<i>A case of atypical dizziness</i>
4:40	Dr Anne Daly Pain Discipline Registrar	<i>Allodynia, fear avoidance and neglect like symptoms. A complicated presentation of a patient with CRPS.</i>
5:00	Dr Jon Ford Pain Discipline Registrar	<i>Acute nociceptive dominant low back pain</i>
5:20 Summary and close - and zoom chat with presenters		





Keynote speaker: Prof Jim Elliott PhD FAPTA

Jim is a Fellow of the American Physical Therapists Association. He and his interdisciplinary teams' contributions to the field range from the identification of novel magnetic resonance imaging markers to quantify alterations in spinal cord anatomy and skeletal muscle degeneration as potential markers of poor functional recovery following head/neck trauma to leading large interdisciplinary studies investigating the neurobiological mechanisms of persistent spinal pain (generally) and head/neck trauma from a motor vehicle crash (specifically).

He is currently a Professor in the Faculty of Medicine and Health at the University of Sydney and the Northern Sydney Local Health District. Prior to this, Jim was a tenure-track Associate Professor in the Feinberg School of Medicine at Northwestern University in Chicago, USA, where he remains an adjunct Professor and Principal Investigator of the Neuromuscular Imaging Research Laboratory.



A/Prof Trudy Rebbeck PhD FACP

Specialist Musculoskeletal Physiotherapist

Trudy is a specialist musculoskeletal physiotherapist with an area of clinical expertise in the management of whiplash, neck pain, headache and dizziness. She is the co-director of Australian Specialist Physiotherapy Education. In addition, Trudy is an Associate Professor and NHMRC Research fellow at the University of Sydney (0.6FTE), a training facilitator and examiner for the Australian College of Physiotherapists and a Medical Assessor for the State Insurance Regulatory Authority (SIRA), Dispute Resolution Service (DRS). She obtained her PhD in 2007, has subsequently been awarded over \$7m in competitive research grants and has over 50 peer reviewed publications. She has been an invited speaker at many national and international conferences and workshops in the area of whiplash, headache and dizziness.



Dr Robert Boland PhD FACP

Specialist Musculoskeletal Physiotherapist

Dr Rob Boland is a Specialist Musculoskeletal Physiotherapist and Fellow of the Australian College of Physiotherapy. He holds concurrent positions in the Discipline of Physiotherapy at the University of Sydney, as a Physiotherapy Specialist for NSW Health, and he consults clinically at the Sydney Spine Institute. He is also an Independent Physiotherapy Consultant for the State Insurance Regulatory Authority in NSW. He has published widely in physiotherapy, neurophysiology and neurology journals. His research interests are in the areas of nerve function, rehabilitation of shoulder injuries, spinal pain, and carpal tunnel syndrome. He has taught widely, including internationally, and acted as a training facilitator and examiner for the Australian College of Physiotherapists.



10TH ANNUAL MASTERCLASS SYMPOSIUM PRESENTERS



Ms Shan Morrison FACP

Specialist Women's, Men' and Pelvic Health Physiotherapist

Shan Morrison is a Specialist Women's, Men's & Pelvic Health Physiotherapist and a fellow of the Australian College of Physiotherapists. She is the director of Women's & Men's Health Physiotherapy, a Victorian private practice where she leads a team of 15 Pelvic Health Physiotherapists who consult across two main and four satellite locations and Shan has presented at numerous national conferences on a variety of pelvic health topics and she lectures and tutors at the University of Melbourne post graduate certificate course in Continence and Pelvic Floor Rehabilitation. Shan has been practicing exclusively in pelvic health for 26 years and has a special clinical interest in managing female and male chronic pelvic pain within a biopsychosocial framework.



Mr Simon Olivotto FACP

Specialist Musculoskeletal Physiotherapist

Simon is a specialist musculoskeletal physiotherapist and Fellow of the Australian College of Physiotherapists. Simon works for the Department of Defence where he oversees and mentors physiotherapy staff as well as providing management and second opinions for difficult and complex cases of musculoskeletal pain. Simon is a training facilitator for the Australian College of Physiotherapists and a presenter on APA spinal courses. Simon's teaching experience also includes tutoring at the University of Sydney as well as developing and delivering online physiotherapy education content for Clinical Edge.



Ms Barbara McPhee AM FACP

Specialist Occupational Physiotherapist

Specialist Occupational Health Physiotherapist and Certified Professional Ergonomist with over 45 years' experience in work health and safety; the last 30 years being primarily in mining. She has written books on the prevention of WMSDs, whole-body vibration and ergonomics as well as numerous papers. She works as a consultant in occupational ergonomics, health and safety risk management. Barbara is a Past President, Fellow and Professional Member of the Ergonomics Society of Australia; a former Board Member of the International Commission on Occupational Health; a Fellow of the International Ergonomics Association; an Esteemed Member of the Australian Physiotherapy Association; and a Fellow of the Australian College of Physiotherapists. She was an Independent Expert Member of the NSW Mine Safety Advisory Council (MSAC) from 2006 to 2017. She was appointed as a Member of the Order of Australia (AM) in January 2014.



**AUSTRALIAN
COLLEGE of
PHYSIOTHERAPISTS**

Information
www.specialistphysioeducation.net.au
Ph: 02 9299 0700
Registration
<https://australian.physio/pd>



**AUSTRALIAN
SPECIALIST
PHYSIOTHERAPY
EDUCATION**



Dr Mary Magarey PhD FACP FASMF

Specialist Musculoskeletal & Sports and Exercise Physiotherapist
Mary is a Musculoskeletal & Sports/Exercise Specialist Physiotherapist. She holds honorary titles of Fellowship of the Australian Sports Medicine Federation & Life Membership of Musculoskeletal Physiotherapy Australia and was awarded Honoured Membership of the APA at the 2019 National Conference. She retired from the University of South Australia in 2014, where she taught for 40 years in the Master of Musculoskeletal & Sports Physiotherapy & its precursor programs & is still involved in the Master of Clinical Physiotherapy. Mary was responsible for development of the sports programs. Her principal area of clinical expertise includes physiotherapy diagnosis and management of disorders affecting the shoulder complex. While primarily a clinician, Mary's research background and educational experience provides her with a strongly evidence informed approach to clinical practice. Mary currently practises as a Consultant Specialist Physiotherapist in metropolitan Adelaide & regional South Australia and teaches nationally and internationally.



Mr Chris Brady FACP

Specialist Sports and Exercise Physiotherapist

Chris is a Specialist Sports and Exercise Physiotherapist (as awarded by the Australian College of Physiotherapists in 2009) and a Director at QSMC. He graduated from the University of Queensland in 1990 and completed a Masters in Sports Physiotherapy in 1999 where he researched lumbar spine stress fractures in gymnastics. In 2009 he was awarded the title of Specialist Sports Physiotherapist for his work with gymnastics, acrobatics, and circus.

Chris has worked for a variety of the nation's national sporting teams including Gymnastics, Triathlon, and Aerial Skiing. With a specific interest in coordination and motor control, He has spent the last decade travelling with Australia's premier motorsport team, Red Bull Racing Australia.



Dr Darren Beales PhD FACP

Specialist Musculoskeletal Physiotherapist

As a specialist musculoskeletal physiotherapist, Darren spends a lot of time with people with persistent pain. He also interacts extensively with their management team to try and facilitate a consistent understand and approach to management. As a Senior Research Fellow at Curtin University, Darren's interest is clinical pain. His research in this area is broad, covering mechanistic understanding of clinical pain through to efforts to enhance the management of persistent pain and implementation of knowledge into practice. Darren is currently the President of the Australian College of Physiotherapists.



10TH ANNUAL MASTERCLASS SYMPOSIUM DISCUSSION PANELLISTS



Mr Michael Ryan FACP

Specialist Musculoskeletal Physiotherapist

Michael Ryan is a Specialist Musculoskeletal Physiotherapist with a special interest and advanced post graduate training in spinal complaints. He is a Fellow of the Australian College of Physiotherapists and is a Honorary Fellow and lecturer at Macquarie University. He is actively involved in teaching and research related to neck and lower back problems. Michael acts as a Consultant and Forensic physiotherapist, consulting to the insurance industry as an Independent Physiotherapy Consultant and as an expert witness in various court proceedings.

Michael is the director and owner of Sydney Specialist Physiotherapy Centre and he continues to work primarily in clinical practice in his Sydney rooms. He is the immediate past President of the Australian College of Physiotherapists.



Dr Andrea Mosler PhD FACP

Specialist Sports and Exercise Physiotherapist

Dr. Andrea Mosler is a Specialist Sports Physiotherapist and NHMRC Research Fellow at La Trobe University where she is currently working on hip-related groin pain, injury prevention, and women in sport research projects. Her PhD research was conducted while she worked at Aspetar, Qatar as Senior Physiotherapist and Head of CME/CPD and investigated the risk factors for hip and groin pain in professional male football players.

Andrea previously worked as a clinician for 18 years at the Australian Institute of Sport and has been an Australian team physiotherapist at many sporting events including the 2000, 2004 and 2008 Olympics Games.



Ms Dianne Wilson

APA Pain Discipline Physiotherapist

Dianne's physiotherapy career has been divided between clinical work in private practice and lecturing at the University of South Australia in both the undergraduate and post-graduate programs. In the clinic, her involvement in the delivery of CBT-based programs for compensable chronic pain patients informed her recently submitted PhD investigating whether the group itself plays a role in pain management programs. Dianne is the national chairperson of the APA pain group (2015-present). She has led the development of a career pathway for physiotherapists in the pain field, resulting in the commencement of the inaugural pain specialisation training program. Dianne received Honoured Membership of the APA in 2019, in recognition of her dedicated work. Dianne's work in translating pain science has led to her current involvement with the Pain Revolution. Initiated by Prof Lorimer Moseley, the aim is to "help all Australians access community-based pain education" via the local Pain Educator Program and the annual rural outreach tour. Dianne holds appointments on the Admissions Committee of the ACP and the Portfolio Pathway working party.



**AUSTRALIAN
COLLEGE of
PHYSIOTHERAPISTS**

Information
www.specialistphysioeducation.net.au
Ph: 02 9299 0700
Registration
<https://australian.physio/pd>



**AUSTRALIAN
SPECIALIST
PHYSIOTHERAPY
EDUCATION**

10TH ANNUAL MASTERCLASS REGISTRAR PRESENTATIONS



Ms Laura Crowe-Owen

Musculoskeletal Physiotherapy Registrar, Associate Fellow ACP

Laura Crowe-Owen is an APA Musculoskeletal and Sports and Exercise Physiotherapist who is currently a Registrar in the Australian College of Physiotherapists' Musculoskeletal Specialisation Program. She is the founder and Principal Physiotherapist of Therapy for Life which is based in Mount Gambier in the South East of South Australia. She works with both Flinders University and the University of South Australia in providing rural educational opportunities. One of Laura's interests is improving the standards of rural and regional health care in the fields of musculoskeletal injuries.



Dr Ann Daly PhD

Pain Discipline Registrar, Associate Fellow ACP

Dr Anne Daly is currently a Registrar of the Australian College of Physiotherapists, specialising in Pain and is an APA titled musculoskeletal physiotherapist. She is a Director of The PainCare Collective, a pain assessment, education, and brief clinical intervention group. She is also a consultant to the Victorian Workcover Authority and the Transport Accident Commission and is the clinical advisor for their Network Pain Management Programs. Anne lectures sports and musculoskeletal postgraduate students at La Trobe University. Anne previously worked for 25 years in a tertiary hospital Interdisciplinary Complex Pain Service. Anne has undertaken research related to Complex Regional Pain Syndrome and has a number of publications related to this and other subjects, including an editorial published in 2016 titled "Worklessness can physiotherapists do more?" Anne has represented the Australian Pain Society on the Management Advisory Group to ePPOC, (the electronic Persistent Pain Outcomes Collaboration) and is currently involved in a number of initiatives related to persistent pain and primary care, including Australia's first adult persistent pain Project ECHO.



Dr Jon Ford PhD

Pain Discipline Registrar, Associate Fellow ACP

Associate Professor Jon Ford (PhD, Musculoskeletal and Titled Pain Physiotherapist) is Group Leader of the Low Back Research Team at La Trobe University where he conducts clinical research on the effectiveness of individualised treatment for pain problems. He has published over 40 papers predominantly on the classification and treatment of low back pain. Jon is also the Clinical and Managing Director of Advance Healthcare where he leads a multi-disciplinary pain management team working with persistent pain across six clinics in Melbourne.



**AUSTRALIAN
COLLEGE of
PHYSIOTHERAPISTS**

Information
www.specialistphysioeducation.net.au
Ph: 02 9299 0700
Registration
<https://australian.physio/pd>



**AUSTRALIAN
SPECIALIST
PHYSIOTHERAPY
EDUCATION**